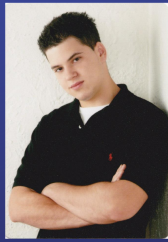# Michael J Dias Foundation

Working Toward a Drug-Free Community

The Michael J. Dias Foundation consists of volunteers committed to helping individuals and families; and supports the goal of drug-free communities.

Our Mission is to aid and educate individuals and families on substance use disorders and help those that are battling the disease of addiction.

MJD Path to Recovery Newsletter
August 2023

MISSION MILESTONES

Goldy has achieved 1 year of sobriety
Mario has achieved 7 months of sobriety
Liam has achieved 3 months of sobriety
Steven has achieved 2 months of sobriety

MJD CORNHOLE TOURNAMENT

Congrats to Mark & Arthur for taking it all. They were amazing players. Thanks to our Sponsors - M & T Bank, Polish National Credit Union, and Ed & Katie W. Volunteers Alice, Mary Sue, Sharon, Toni & Sierra made it all come together.
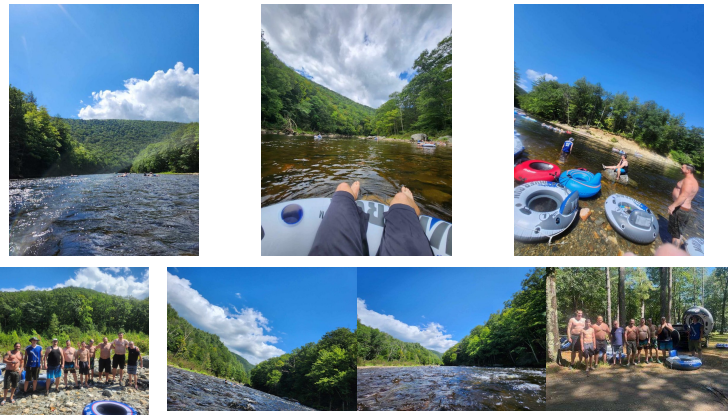
PELICAN PARADE

MJD staff & residents participated in the yearly Yankee Homecoming Parade in Newburyport this year thanks to our partners the Pelican Intervention Fund. Our

congratulations go out to them for winning FIRST PLACE in the Best Float of the 2023 Yankee Homecoming Parade Contest.

RAFTING TRIP

The men of the Houses had an opportunity to do some rafting recently...fun was had by all.

What You Should Know About Xylazine

A tranquilizer called xylazine is increasingly being found in the US illegal drug supply and linked to overdose deaths. Xylazine—which is not approved for use in people—can be life-threatening and is especially dangerous when combined with opioids like fentanyl. Read more by clicking on the link below:

Xylazine

INTERNATIONAL OVERDOSE AWARENESS DAY
AUGUST 31TH

September is National **Recovery Month**

FUNDRAISERS / EVENTS

Save The Date

Ticket

MJD 10TH ANNUAL GOLF TOURNAMENT

Register to Golf

Would you like the chance to multiply your giving and increase the impact of your generosity? Many employers match their employee's gifts. Go to management TODAY to find out your company's policy.

Become a donor

Be sure to like us on Instagram
michaeljdiasfoundation

Gold
Transparency
2023

Candid.