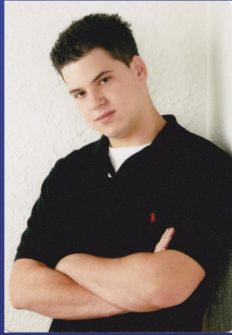


# Michael J Dias Foundation

## Working Toward a Drug-Free Community



The Michael J. Dias Foundation consists of volunteers committed to helping individuals and families; and supports the goal of drug-free communities.

Our Mission is to aid and educate individuals and families on substance use disorders and help those that are battling the disease of addiction.



## MJD Path to Recovery Newsletter December 2023

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### MISSION MILESTONES

**Judson has achieved 10 months of sobriety**

**David has achieved 9 months of sobriety**

**Joshua has achieved 8 months of sobriety**

**Chester has achieved 8 months of sobriety**

**Richard & Scott & Shane have achieved 7 months of sobriety**

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In loving memory of Michael Chagnon & Dylan Tallman. Their lives were cut oh so short. Both left many broken hearts behind.  
May their stories and the Power of God provide you with strength & courage to Fight the hardest Fight. It is truly a fight for your lives. Praise God



The family donated a generous gift to MJD and to those who need it most at this point in their journey.  
***"Take no shame where you are at this moment, only pride and hope in where you aspire to be and the life you have ahead of you.***  
***Michael Chagnon & Dylan Tallman suffered from this disease you know so well.***  
***They lived the highs and lows & while they lost the battle, we hope to pass on to you their strength & desire to live."***  
The family hopes this donation will be used to write the story of those we serve positively.

attitude  
OF  
gratitude

... "I moved out of Sean's Place early last month and in with my girlfriend. Started a new job working at Section 35 in Ludlow back in September. Things are going great. I just wanted to extend my gratitude and appreciation to you and everything you do. The foundation, the principles it teaches, and the structure and environment of the houses, gave me the tools to regain my life and I am forever grateful. I hope all is well and hope you have a Merry Christmas!" ~ Josh

HAPPY  
Holidays

A few pictures from Christmas time at the houses. The middle picture features our Remembrance Tree. Be sure to view our live FB feed for this event.



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Thanks to [Hogan Technology](#) MJD was highlighted in the December Business West publication.



Business West

Hogan Technology

## SADOD ZOOM MEETINGS

***Holiday Grief Support Zooms***

Peer support for anyone 18 and over who has experienced the death of someone they care about due to substance use.

***Monday, December 25th***

***Morning: 11:00 am-12:30 pm EST***

***Evening: 7:00 pm -8:30 pm EST***

You are welcome to attend one or both meetings.

  Pre-register for zoom link  
TheSunWillRise.org

With support from SADOD.org 

[Register](#)

### **Zoom Meetings Offer Holiday Grief Support**

For many who are grieving the loss of a loved one, the winter holiday season can be a particularly challenging time.

Family gatherings can magnify the absence of the deceased, especially those who have died of substance-use-related causes.

Thankfully, grieving people can find support by connecting with others who have experienced the death of a loved one to substance use.

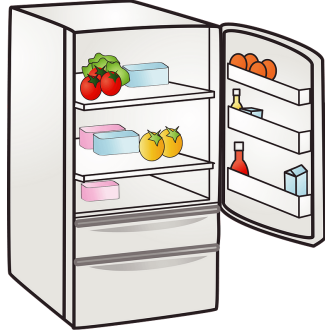
In collaboration with SADOD, The Sun Will Rise Foundation will be hosting Holiday Grief Support Zooms on Monday, Dec. 25, from 11:00 a.m. - 12:30 p.m. and from 7:00 p.m. - 8:30 p.m. EST.

The following week, additional holiday grief support will be offered on Monday, January 1, from 11:00 a.m. – 12:00 p.m. EST.

Anyone over the age of 18 is welcome to attend all meetings. Interested parties can pre-register at [TheSunWillRise.org](https://TheSunWillRise.org).

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## WISH LIST



refrigerator  
coat racks  
ottoman  
dining room chairs  
(Colonial)  
folding chairs

## FUNDRAISERS / EVENTS



The MJD Annual Appeal has been sent. Please consider a meaningful gift to help us continue our mission.

Become a donor



Be sure to like us on Instagram  
**michaeljdiasfoundation**



FINANCIAL  
GROUP







**Our Contact Information**

\*{{Organization Name}}\*

\*{{Organization Address}}\*

\*{{Organization Phone}}\*

\*{{Organization Website}}\*

\*{{Unsubscribe}}\*

Gold  
Transparency  
2023

**Candid.**