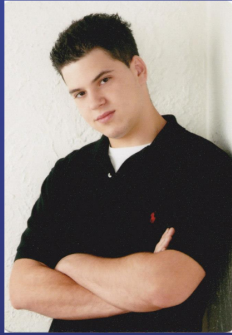


# Michael J Dias Foundation

## Working Toward a Drug-Free Community



The Michael J. Dias Foundation consists of volunteers committed to helping individuals and families; and supports the goal of drug-free communities.

Our Mission is to aid and educate individuals and families on substance use disorders and help those that are battling the disease of addiction.



## MJD Path to Recovery Newsletter September 2023

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### MISSION MILESTONES

Casey has achieved 1 year of sobriety  
Mario has achieved 8 months of sobriety  
Liam has achieved 3 months of sobriety  
David has achieved 6 months of sobriety

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**MJD attended the Westfield International Overdose Awareness Vigil  
on Overdose Awareness Day!**



Only a few slots left - don't miss your chance to play



Button



**Our thanks to the Springfield Community Preservation Committee & the Springfield City Council for approving a grant to repair the porch roof at Christian/Brian's House.**



**Below is a link to a publication put out by the Dept. of Public Health about overdose awareness. Check it out!**

Overdose Awareness

**SADOD (Support After a Death by Overdose) has expanded its Community Peer Grief Support Group program and has new services and new team members ready to meet the grief-related needs of our community. Click on the button below for more information.**

Button

## **WISH LIST**



**The houses are in need of twin sheets & comforters**

## FUNDRAISERS / EVENTS



**SUPER LOTTERY  
JACKPOT RAFFLE**  
*Your chance to win Millions!*

SPEND \$20  
1 LUCKY winner will get  
100 - \$10 scratch tickets  
in sequence

Drawing to be held  
10/16/23  
MJD Golf Tournament @  
Ludlow Country Club



Eventbrite

Call 413-304-0715 for more information

Ticket

## MJD 10TH ANNUAL GOLF TOURNAMENT



**Michael J. Dias  
Foundation**

Event Sponsor  
**LUSO**  
federal  
CREDIT UNION

**10th Annual 2023 Golf Tournament**  
**Monday, October 16th ~ Ludlow Country Club**  
1 Tony Lema Drive, Ludlow MA

**Be a player ~ Be a sponsor**  
11:00 am shotgun start ~ includes lunch & dinner  
\$150/each - \$600/team

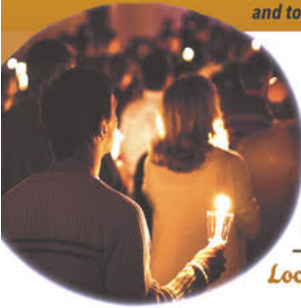
**imartins@mdiasfoundation.org**  
**<https://bit.ly/MJDGOLF23>**  
Deadline: 9/30/23

Register to Golf

Ignite the Light of Hope

# Walk to Remember

We gather as a community to remember those we have lost, to support those who struggle and to show there is hope in recovery.



Sunday  
**OCTOBER 29<sup>th</sup>**

Gather @ 6:00pm  
Luminary Ceremony 6:30pm

Location: Ludlow Boys & Girls Club  
91 Claudia's Way

*Luminaries* - Come create a luminary for your loved one and walk with us. If you're unable to attend, email name to Cares, we'll make one for you.



E-mail: [LudlowCARES@gmail.com](mailto:LudlowCARES@gmail.com)

[www.LudlowCARESCOalition.org](http://www.LudlowCARESCOalition.org)



A Red Ribbon Week Community Event

Would you like the chance to multiply your giving and increase the impact of your generosity? Many employers match their employee's gifts. Go to management TODAY to find out your company's policy.

Become a donor



Be sure to like us on Instagram  
**michaeljdiasfoundation**



**Our Contact Information**

\*{{Organization Name}}\*

\*{{Organization Address}}\*

\*{{Organization Phone}}\*

\*{{Organization Website}}\*

\*{{Unsubscribe}}\*



Gold  
Transparency  
2023

**Candid.**